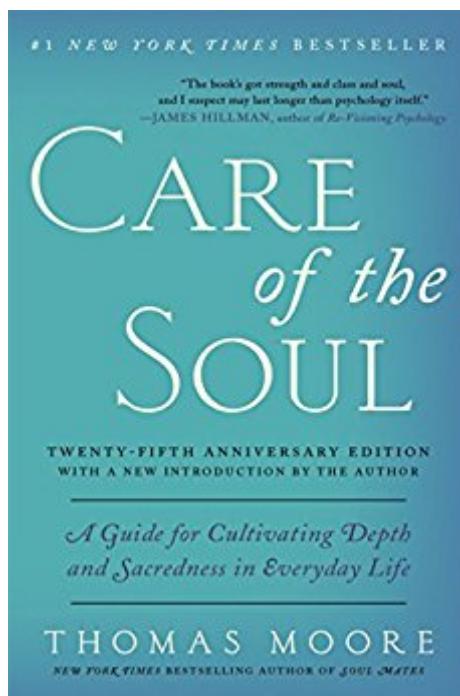


The book was found

Care Of The Soul Twenty-fifth Anniversary Edition: A Guide For Cultivating Depth And Sacredness In Everyday Life



Synopsis

#1 New York Times BestsellerWith a new introduction by the author and additional material, this 25th anniversary edition of the #1 New York Times bestseller by Thomas Moore provides a powerful spiritual message for our troubled times.In this special 25th anniversary edition of Thomas Mooreâ™s bestselling book *Care of the Soul* readers are presented with aÂ revolutionay approach to thinking about daily lifeâ "everyday activities, events, problems and creative opportunitiesâ "and a therapeutic lifestyle is proposed that focuses on looking more deeply into emotional problems and learning how to sense sacredness in even ordinary things.Basing his writing on the ancient model of "care of the soul"â "which provided a religious context for viewing the everyday events of lifeâ "Moore brings "care of the soul" into the 21st century. Promising to deepen and broaden the reader's perspective on his or her own life experiences, Moore draws on his own life as a therapist practicing "care of the soul," as well as his studies of the world's religions and his work in music and art, to create this inspirational guide that examines the connections between spirituality and the problems of individuals and society.Â

Book Information

File Size: 1293 KB

Print Length: 338 pages

Page Numbers Source ISBN: 0060922249

Publisher: Harper Perennial; 25 Anv edition (January 26, 2016)

Publication Date: January 26, 2016

Sold by:Â HarperCollins Publishers

Language: English

ASIN: B01AFYCPMG

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #25,001 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #7 inÂ Kindle Store > Kindle eBooks > Nonfiction > Politics & Social Sciences > Philosophy > Consciousness & Thought #14 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Applied Psychology #17 inÂ Kindle Store > Kindle eBooks > Health, Fitness &

Customer Reviews

I agree wholeheartedly with Thomas Moore's assertion that "loss of soul" is a major problem facing us today. People who are cut off from soulful family and friendship may find themselves in a cultural void, a barren world where problems are solved with pills and the media replaces real community. We have lost ourselves in the chaotic din and senseless rush. We are more sophisticated than ever, yet we remain unsatisfied. Do we know what will really satisfy us? Can we be still and take an honest look at ourselves? Are we making the best use of the one short life that has been given us? If you recognise these questions, then 'Care of the Soul' might help you begin to answer them. Moore has a sense of the sanctity of human life, he urges us to see each life as precious and has respect for what each individual presents, however unpleasant it may seem. Every story and pathology is meaningful and can reveal truths about not just the individual but also about their family and society. When I first read the book I was most impressed by the chapter on narcissism, which remains the most authoritative account of self-love I have read. We are used to hearing that we must love ourselves before we can truly love another, but do we really know how? Moore correctly interprets the story of Narcissus not simply as an example of the symptom of narcissism, which is how it is often misinterpreted, but as the myth of true self-love, and he tells it with the insight you might expect from a therapist. This alone was a revelation and changed my life. I wonder if when Narcissus recognises himself he is experiencing the well-known 'Thou Art That' of Indian philosophy. Other key themes such as jealousy, power and depression are explored also. A previous reviewer wrote that Moore thinks we should not change.

[Download to continue reading...](#)

Care of the Soul Twenty-fifth Anniversary Edition: A Guide for Cultivating Depth and Sacredness in Everyday Life Cultivating Compassion: Simple Everyday Practices for Discovering Peace of Mind and Resilience The Ultimate Guide to Soil: The Real Dirt on Cultivating Crops, Compost, and a Healthier Home Cultivating Qi: The Root of Energy, Vitality, and Spirit The Science of Compassion: A Modern Approach for Cultivating Empathy, Love, and Connection Cultivating Empathy: The Worth and Dignity of Every Person-Without Exception Time Travel and Our Parallel Worlds: Part 3 - All New In-Depth Real Life Stories In the News (Time Travel and Parallel Worlds Book 6) Sleisenger and Fordtran's Gastrointestinal and Liver Disease Review and Assessment (Sleisenger and Fordtrans Gastrointestinal and Liver) Dear Professor Dyson: Twenty Years of Correspondence Between Freeman Dyson and Undergraduate Students on Science, Technology, Society and Life

The Master and Margarita: 50th-Anniversary Edition (Penguin Classics Deluxe Edition) Best Plants for New Mexico Gardens and Landscapes: Keyed to Cities and Regions in New Mexico and Adjacent Areas, Revised and Expanded Edition Baseball Field Guide: An In-Depth Illustrated Guide to the Complete Rules of Baseball Positive Thinking: How to Eliminate Negative Thinking and Gain Success, Health and Happiness Through Positive Thinking and Self-empowering Affirmations (Positive Thinking Everyday Book 1) Samsung Galaxy Note 7 In Depth!: A Step-by-Step Guide Die-cutting and Tooling: A guide to the manufacture and use of cutting, embossing and foiling dies, anvils and cylinders The Art of Creating Depth in a Mix Eat Fat and Get Thin, Fit, and Healthier Than Ever Before!: Easy Diet and Delicious Cookbook: Recipes for Dramatic and Sustainable Weight Loss (Includes 21 Day Meal Plan) Amino Acids: The Way to Health and Wellness: Find Health and Healing from Depression, Addictions, Obesity, Anxiety, Sexual Issues, and Fill Nutritional Needs of Vegetarian and Vegan Diets The Complete Book of Essential Oils and Aromatherapy: Over 800 Natural, Nontoxic, and Fragrant Recipes to Create Health, Beauty, and Safe Home and Work Environments Low-Dimensional and Nanostructured Materials and Devices: Properties, Synthesis, Characterization, Modelling and Applications (NanoScience and Technology)

[Dmca](#)